Primary Axillary Hyperhidrosis

Topical antiperspirant therapy (aluminum and zirconium salts). Educate re application time/technique to maximize efficacy and minimize side effects.

Good response?
- YES: Continue
- NO: Make adjustments to technique, dose, and/or area covered.

OnabotulinumtoxinA injections

Good response?
- YES: Repeat p.r.n.
- NO: Microwave thermolysis, local sweat gland ablation (e.g. curettage, or liposuction)

Good response?
- YES: Repeat p.r.n.
- NO: No further therapy

Microwave thermolysis (if available)
- 2 treatments

Consider systemic medications:
1. Anticholinergics (e.g. glycopyrrolate, oxybutynin, propantheline)
2. Propranolol
3. Clonidine
4. Diltiazem

Endoscopic thoracic sympathectomy

Patients must be carefully selected and educated to fully understand the possibility of limited efficacy and the risks of complications including, but not limited to, compensatory sweating.

To maximize efficacy and minimize side effects, consider combination therapy adjusted to patient needs and disease presentation.