Primary Palmar Hyperhidrosis

Topical antiperspirant therapy (aluminum and zirconium salts). Educate re application time/technique to maximize efficacy and minimize side effects.

OnabotulinumtoxinA injections

Good response?

Continue

Repeat p.r.n.

Make adjustments to technique, dose and/or area covered.

No response and in carefully selected and educated patients who fully understand the risks and complications of ETS including, but not limited to, compensatory sweating.

Endoscopic thoracic sympathectomy

Iontophoresis using tap water: Pay special attention to correct technique, device, water mineral content, and patient education/training.

Adjust technique, frequency, duration, water mineral content. Consider adding anticholinergics to water.

Good response and able to perform?

Continue

Repeat p.r.n.

Consider systemic medications:
1. Anticholinergics (e.g. glycopyrrolate, oxybutynin, propantheline)
2. Propranolol
3. Clonidine
4. Diltiazem

To maximize efficacy and minimize side effects, consider combination therapy adjusted to patient needs and disease presentation.