Generalized or Multiple Focal Areas of Hyperhidrosis

Primary or Secondary?

Primary

Multiple focal areas of hyperhidrosis?

YES

See algorithms for focal disease

Secondary

Treat underlying cause, or adjust Rx if possible.

Good response?

NO

Consider systemic medications:
1. Anticholinergics (e.g. glycopyrrolate, oxybutynin, propantheline)
2. Propranolol
3. Clonidine
4. Diltiazem

YES

No further therapy

Secondary

Primary

Good response?

NO

Re-evaluate for potential medical conditions and/or medications (Rx and OTC) that may cause sweating as a side effect and treat underlying cause, or adjust Rx if possible.

YES

Continue

To maximize efficacy and minimize side effects, consider combination therapy adjusted to patient needs and disease presentation.