Primary Axillary Hyperhidrosis

Topical antiperspirant therapy (aluminum and zirconium salts). Educate re application time/technique to maximize efficacy and minimize side effects.

- OnabotulinumtoxinA injections
  - Good response?
    - YES: Continue
    - NO: Repeat p.r.n.

- Microwave thermolysis (if available)
  - 2 treatments
  - Good response?
    - NO: No further therapy

Make adjustments to technique, dose, and/or area covered.

- Good response?
  - YES: Repeat p.r.n.
  - NO: Microwave thermolysis, local sweat gland ablation (e.g. curettage, or liposuction)

Consider systemic medications:
1. Anticholinergics (e.g. glycopyrrolate, oxybutynin, propantheline)
2. Propranolol
3. Clonidine
4. Diltiazem

- Good response?
  - NO: No further therapy
  - YES: Endoscopic thoracic sympathectomy

To maximize efficacy and minimize side effects, consider combination therapy adjusted to patient needs and disease presentation.

Patients must be carefully selected and educated to fully understand the possibility of limited efficacy and the risks of complications including, but not limited to, compensatory sweating.